Welcome to the final edition of our Gundagai High School newsletter for 2015!

As we enter the final weeks of Term 4, teachers and administrative staff are working hard to finalise the end of year reports for our students to ensure that they receive explicit and meaningful feedback about their achievements in semester 2. We are all very much looking forward to celebrating the achievements and successes of our students at our end of year Presentation Day on Friday 11 December. We are also looking forward to welcoming as many of our parents, carers and friends as possible to join together as a strong school community to support each of our students as they continue to strive to achieve their personal best.

On Tuesday 1 December we welcomed many of our Year 6 parents/carers and students to our school for an information evening where they met many of our teachers, received important information about the 2016 school year, as well as went on a guided tour of our school. Thank you to all the parents and carers who took advantage of the opportunity to purchase uniform items needed for the coming school year by visiting the Lowes van. We are grateful that Lowes is providing this important service for our families as it promotes the requirement for our students to wear full school uniform each day.

On Thursday 3 December we are holding our Year 6 into 7 Orientation Day. This day is designed to further prepare our newest students for the start of their high school years. We are in the process of planning an interesting day that will help our students familiarise themselves more with what life at high school is like.

I would like to take this opportunity to thank all of our school staff, students and families for warmly welcoming me into the Gundagai High School community this year. I have thoroughly enjoyed getting to know many of you and working alongside you to ensure that all of our students engage in quality learning experiences each and every day. May you all enjoy the school holidays and take the time to rest and relax after what has been a very busy and productive year. I am looking forward to another brilliant year in 2016.

With my very best wishes
Mrs Adelia Fuller
Principal
Teacher Training and Development

During the last few weeks, GHS Staff have been involved in the following training and development opportunities:

1. Positive Behaviour for Learning- Classroom management
2. Cootamundra network Principals Conference
3. How2Learn
4. Pacific School Games
5. Geography and the new curriculum

School Uniform

Please remember that the Lowes uniform shop will be at Gundagai High School on the following dates:

- **Thursday 28 February 2016** from 10am
- **Tuesday 3 May 2016** from 10am

School Sport

Students who have chosen swimming for sport are required by the Department of Education to leave the pool grounds and return to school with GHS staff members and other students. If students are leaving or being picked up prior to the end of the school day it is imperative that students are signed-out correctly. Due to Work Health and Safety students will not be permitted to stay at the pool without having completed the correct sign-out procedures.

Facebook Page – Gundagai High School – “Strive to Serve”

Gundagai High School Facebook page has been getting lots of positive feedback and is a great way to keep up with our school activities. If you are a Facebook user please like our page and you will get all the updates and pictures from excursions and special events taking place.

2016 planning

Gundagai High School is finalising plans for 2016 class structure and daily organisation.

A big change for the students is the school bell times and number of lessons during each day. The school day will now consist of seven 45 minutes lessons, with three breaks in the day. The school day will commence at 9.00am and conclude at 3.30pm on Monday, Tuesday, Thursday and Friday. Wednesday will conclude at 3.10pm after Sport. A copy of bell times for 2016 can be found on page 4 of the newsletter.

Mr Simon Bridgeman
Deputy Principal

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**GUNDAGAI HIGH SCHOOL  AWARD CEREMONY 2015**

**FRIDAY 11 DECEMBER 2015**

**1:30PM FOR A 1:45PM START**

Parents, Caregivers and Community Members are all invited to our Award Ceremony. This is an opportunity for Gundagai High School to recognise the achievements of our students and our partnerships with local businesses and community members.
Police warn of underage sexting risk

SEVEN young people have had their phones destroyed as part of a local underage sexting investigation.

The practice of sending, receiving or sharing provocative photos, known as “sexting”, is viewed by many as flirtatious and commonplace in the age of smart phones.

Police though are warning it can carry serious penalties.

“All people should be seriously conscious of online security,” Cootamundra Local Area Command (LAC) sergeant Damian Nott said.

“It is a criminal offence to produce and disseminate provocative images of anyone under the age of 18. Police will investigate, and any device involved will be seized as evidence and destroyed.”

NSW legislation allows for mobile phones to be destroyed if any person is found guilty and convicted of offences including “Production, dissemination or possession of child abuse material”.

In recent weeks seven young people in the Cootamundra LAC had their mobile phones destroyed after they were found to be sexting and distributing provocative images of themselves to friends.

The phones were valued in excess of $500 each.

Mr Nott warns though that sexting can have “far-reaching” consequences beyond losing your smart phone.

“Individuals and families can get caught up in a criminal investigation, which can have an obvious effect on your future,” he said.

“There are predators in society and young people are exposing themselves to risk factors. You can never guarantee the security of images you share.”

Young people are increasingly aware of the danger of sexual predators online, but may let their guard down with friends or partners.

Organisations including the Australian Human Rights Commission are currently trying to bring in stricter privacy laws to deter “revenge porn”.

The concerning trend sees former partners or friends using sexually suggestive images to blackmail, bully, embarrass or harass victims.

The message from police to young people is a simple one: don’t send or publish images of yourself and don’t distribute any sent to you.
Annual Renewal for Permission to Publish and Use of Online Services

Parents/carers are advised that we will be seeking an annual renewal of your permission to publish information about your child for the purposes of sharing his/her experiences with other students, informing the school and broader community about school and student activities and recording student participation in noteworthy projects or community service. An annual renewal is also required from parents for the provision of online services from the Department.

Please note that a form for this purpose will be distributed to parents/carers at the beginning of the school year.
9/10 Commerce Promoting and Selling Excursion
On Thursday 19 November the Year 9/10 Commerce class set out on an excursion to Sheridan Street, Gundagai to conduct a survey of how different business use promotion and selling techniques to reach their target markets. The students gathered information on window displays, signage, floor layout etc. and decided which shops people frequented the most and why. We would like to thank any businesses that we visited.

Year 7 English
Students in Year 7 have completed their final English Assessment Task focusing on the thematic module titled Decisions, Consequences and Actions. Student were asked to compose a short script developing the theme through character dialogue and stage directions. Leah Fitzgerald, George Gradon, Bradley Luff and Braith Crane were rewarded for their excellent preparation and creativity by scoring the highest grades. Students noted for their improvement included Chelsie Crossley, Jordan Cooper and Emily Smith. 7A had a great lesson on Friday reading and acting out students scripts. Thank you Leah and Oscar for sharing your scripts with the class, and Bradley, Clay and Campbell for your exceptional acting skills.

Year 8 Medieval Japan
8B have been studying Medieval Japan. Recent focus has been on society, culture, social behaviours and social structure. Students have prepared some Haiku telling about the different social classes in Japanese society:

Emperor by Jayda Bartlett
Direct from the Gods
Lived such rich and wealthy lives
Followed by the vassals

Daimyo by Corey Bennett
The noble landlords
Working for the Emperor
Who lived wealthy lives

Shogun by Kaeleigh Rowley
The barbarians
Military advisor
Protected Japan

Samurai by Jacqueline Tout
Mighty warriors
Working for the noble lords
Trained for fierce battle

Eta by Georjia Worldon
Impure scavengers
Outcast group living as one
Have no religion
COMMUNITY NEWS

MISSION AUSTRALIA

Parent Sharing Forum

ARE YOU A PARENT OF A TEENAGER?

WELL THIS FORUM IS FOR YOU!

Mission Australia would like to invite you to participate in this Forum to discuss the following topics:

- Parents are People Too!
- What makes Teenagers Tick?
- Promoting Positive Family Relationships.

This Forum will provide support and information to you as parents of teenagers, and to provide an opportunity for parents to share their ideas and experiences of parenting teenagers.

When: 2nd December 2015
Where: Mission Australia (2/36-40 Gurwood Street Wagga)
Time: 9:30- 3pm.
To join: Call Rachel (02) 69327518
If transport is needed please contact us beforehand
Lunch provided
RSVP: ASAP

This Is Me

Thousands of kids right across Australia are living incredible lives, and they all have a story to tell – we’d love to hear yours!

ABC3 and Air Pig Productions are producing a 22 x 5 minute series to be aired in 2016 that will showcase the lives of kids all around the country. This Is Me will be an exciting snapshot of Australian kids’ lives and their unique stories in the year 2016. Do you want to be part of this amazing series?

You will need to:
- Be aged 9 to 14 and living in Australia (including Norfolk Island and the Torres Strait)
- Be prepared to share your passion, hobby, school life and dreams on TV!
- Have your parent or guardian’s permission to apply.

Do you live in an interesting community or just have a story to tell? Do you have a special skill, talent or interest that you can share? Have you had to solve a big problem or overcome a challenge in your life? You might love animals or help your parents with their work. Maybe you live on a farm, a boat or on the top floor of a tall building. We’d love to hear from you! For example, you can tell us about your likes, dislikes, fears and dreams, your family, an average day, what makes you laugh or cry.

To get involved grab your phone and make a 1-2 minute video answering the following questions (if you can’t make a video, you can write your answers in the email):

1. Name, age, gender, what town or city you live in, do you have any siblings or pets?
2. Tell us something you’re really good at or just love doing? (Do you like maths, surfing, music?)
3. What do you want to do when you grow up, and why?
4. Tell us who your favourite person is and why?
5. Tell us something special or unusual about where you live.
6. What is something funny or silly, scary or exciting that has happened to you?
7. What’s your earliest memory?

Please send application videos and emails to max@airpigproductions.com.au by no later than December 31st 2015.

You must have your parent or guardian’s permission to apply to be in This Is Me. Make sure you include their mobile phone number and email address in your email to us.

For further information regarding Air Pig Productions’ Working With Children Policy, please contact:
Sally Browning, Executive Producer
Air Pig Productions Pty Ltd
Tel 0411 266 213
sally@airpigproductions.com.au
**GYC Skatopark**

**Bin Launch & Mini Comp**

**29th November 10.00am**

**Free sausage Sizzle**

**Official Opening & Enviro Session**

**Prizes & Music**

**Our Thanks To**

**Keep New South Wales Beautiful**

**Gundagai Shire Council**

**Gundagai Neighbourhood Centre**

More Info: 02 6944 0200 ext 4

Keeping Our Park Clean For Everyone

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**Mother Daughter Link**

Looking for something to do this school holidays with your daughter that’s quality time?

**When:** 19th January 2016

**Time:** 9:30-11:30

**Location:** Mission Australia 2/36-40 Gurwood St Wagga

Suitable for anyone who wants to have the ability and opportunity to develop their relationship with their adolescent daughter.

RSVP is essential to Rachel 0473940698 or ofcrefera@missionaustralia.com.au

A light lunch will be provided.

Numbers are limited, there maybe an opportunity for another day to be run.

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**Tumut Art Society Inc: 5WAYS**

**ARTISAN’S HANDMADE MARKET**

**Saturday 5th December 2015, 9am – 3pm**

**HAND MADE ✯ HAND CRAFTED ✯ HOME GROWN**

**MARKET STALLS by LOCAL ARTISANS**

- BAKERS
- CANDLE-MAKERS
- FELTERS
- JEWELLERY ARTISANS
- KNITTERS
- PAINTERS
- PAPER ARTISANS
- POTTERS
- SEWERS
- SOAP MAKERS
- SPINNERS
- WEAVERS
- WOODWORKERS
- VEGE GROWERS

**WHERE:** 5WAYS studio at 1 Tumut Plains Road, Tumut, NSW, 2720

**ALL CRAFTSPEOPLE WELCOME ✯✯✯**

- Interested Stallholders:
  - Application forms available.
  - email sumitartassociation@gmail.com
  - or call in to the 5WAYS Studio.

  - $10 for Tumut Art Society members
  - $15 for non members.

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**Mission Australia**

**Expressive Arts**

**Where:** 19th January 2016

**Time:** 9:30-11:30

**Location:** Mission Australia 2/36-40 Gurwood St Wagga

Suitable for 12-14 years olds who are interested in art.

The session will have themes of self esteem and relationship building.

RSVP is essential to Rachel 0473940698 or ofcrefera@missionaustralia.com.au

Numbers are limited.
Gundagai

CHRISTMAS Carnival & Carols
Saturday December 19

Shops OPEN ALL AFTERNOON

🌟 3-6pm Kids Activities in Sheridan St
🌟 Santa Photos in Sheridan St from 4pm
🌟 At 6:15pm Santa’s Procession gathers in front of St Pat’s Hall to go to park
🌟 Merry Go Round, BBQ & International Food in Carberry Park from 6pm
🌟 Carols in Carberry Park from 7:30pm

PRIZE FOR BEST CHRISTMAS CHARACTER OUTFIT
Whatever the age, we have it covered

Many parents call our telephone counselling service saying "I just don't know what to do!"

Parent Line provides an immediate source of help, 7-days-a-week, to parents and carers of children 0-18 years across NSW. From baby's sleeping habits right through to teenage conflicts and every age in between, our specialist counsellors can help callers to discuss their situation, find more appropriate parenting strategies that work and source face-to-face services if they are needed.

Preschool & school issues...

"I don't want to go..." 

... is a common parenting experience. Our counsellors help parents who have a toddler with separation anxiety, a primary school child with learning issues or a teenager refusing to go to school.

Parent Line and anxiety

Parent Line has experienced a significant increase in calls around child and teenage anxiety. Parents and carers want to know how they can best help their child and Parent Line counsellors are equipped with the latest research and techniques to help calm overactive nervous systems.

Families can call the service immediately after a child has a meltdown to seek advice and support.

We are happy to provide interpreters for parents and carers to speak to a parenting counsellor. Simply call us...

1300 1300 52

www.Parent+Line.org.au
For new parents...

Becoming a parent is an exciting yet bewildering challenge. Having a parenting counsellor to call provides space to reflect on how you feel and what may be working for the family ... and what isn't! Our service helps parents and carers manage stress, identify if there are concerns about health or development of a baby or toddler and provides positive ways to manage behaviour that lead to healthy adult relationships ... and we can help with sibling rivalry when a new baby comes along too!

Family crises !!!

Many families call us after the loss of a grandparent, a friend or a pet for support in telling children and helping manage their emotions. We also respond to the needs of families around separation when emotions run high and children may be inadvertently caught up in the conflict. Whatever the situation, calm, professional support and positive strategies can help manage the really big emotions and provide an opportunity for children to learn new skills and build resilience.

Families in Rural NSW

Families living in rural areas have access to parenting support without leaving home. Parent Line assists parents and carers from Bega to Ballina and Bathurst to Broken Hill. Parenting concerns may be very similar to those experienced by families in the city yet the strategies to address them may be very different.

We are happy to provide interpreters for parents and carers to speak to a parenting counsellor. Simply call us ...

1300 1300 52 info@parentline.org.au www.parentline.org.au